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— EXTENSION SUCCESS GUIDE —

EXTENSION MAINTENANCE GUIDE

Whether you've invested in a Halo extension or Invisible Bead Extensions with me, this guide is going to walk you through how to successfully care for both so you can get the most longevity out of your investment!

Suggested Maintenance Schedule

Halo Extensions	0 Maintenance
IBE Extensions	6 - 10 weeks

Halo Extensions require no salon visits for maintenance. Keep in mind hair extensions can be darkened, but cannot be lightened. If you ever decide to darken your hair, I'd be happy to darken your extensions to match for a fee.

IBE extension maintenance varies depending on how fast your hair grows. Most people come in for a reinstallation roughly every 8 weeks but some are able to go longer.



IBE WASH DAY GUIDE

Pre-Shampoo

Brush

Holding the wefts at the base of your scalp, brush the ends and slowly work up. Be sure to separate the rows and brush in between as well.

Love Your Locks Method

Shampoo & Condition

2 - 3x each week

Clarifying Shampoo & Mask

1x every 4th wash

Shampoo & Condition

Rinse, lather your shampoo focusing primarily on your scalp, rinse and repeat 2x. Squeeze out excess moisture, and apply conditioner through ends, rinse until hair feels silky or slightly filmy.

Post-Shampoo

Post-Shampoo

Towel dry hair so it's not dripping, spray your leave-in conditioner throughout & brush through. Finish with other recommended leave-in products and style or air-dry if your wefts allow for it.

For tutorials and monthly hair advice, log into the Client Lounge here:
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EXTENSION CARE

Daily Wear

Brush Frequently

Be sure to always hold the base of the weft to your scalp with your free hand and brush from ends working your way up the hair daily. I recommend carrying a brush in your purse so you can brush as needed throughout the day.

Daily Products

Use a clear serum daily starting at the ends and working up morning and night.

Nightly

Hang them on your Halo hanger and apply oil to keep them nourished.
Sleep nightly with dry hair braided loosely or with hair wrapped in a hair scarf.

Brush through your hair morning and night starting at the ends, working up the hair shaft.

Styling

Always use a heat protectant.

Avoid

Products

Avoid heavy hair sprays and waxes.

Avoid most tinted shampoos and masks.

Avoid chemical based sun screen (it can turn your extensions orangey-pink!)

Avoid drug store products.

Avoid tinted oils

Avoid protein based products

Avoid Olaplex

Habits

Avoid sleeping and swimming in your halo.

Avoid air-drying. Some hand tied weft extensions need to be blown dry to avoid swelling and moisture retention.

Avoid sleeping with wet hair.

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SWIMMING TIPS

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How to wear your hair

Wet your hair

Brush your hair then using tap or bottled water, soak your hair, apply a leave in conditioner or hair mask.

Secure your hair

Fasten your hair in a low pony and tightly braid, or bubble braid tying an elastic roughly every 2"-3" down the length of your hair.

Sunscreen

Be mindful that the sunscreen you apply is free from chemicals. They will turn your hair pink or orange!!

(especially blondes!)

To avoid this use MINERAL
BASED SUNSCREEN ONLY!



Haircare Regimen

Here are my top fav MUST HAVE products for extensions and how and when to use them:

Product #1: Hydrating Shampoo & Conditioner

For your go to wash days.

Use roughly 2x a week.



Product #2: Clarifying Shampoo

Clarifying Shampoo should be used 1x roughly every 4th wash.



Product #3: Hydrating Mask

Use in replacement of your conditioner on days that you use the clarifying shampoo. Apply it like a conditioner and let it sit for 5-10 mins, then rinse.



Product #4: Serum

Use 1-2 pumps twice daily once in the morning and once at night. Apply through the ends and slowly work up through your natural hair.



Product #5: Leave in conditioner

Spray generously through out mids and ends after towel drying on wash days or spray through out while prepping your hair for swimming.



Seasonal tips, products, or other advice:



Shop all of Jess's favs from Goldie Locks online.

Shop Jess's other favs from Unite here.

